

# THE SHIP INN MENU

## LIGHT NIBBLES

3 for 10.99

### SICILIAN OLIVES

(VG/GF)

LEMON & OREGANO 3.99

### PORK QUAVERS

CORNISH SEA SALT -  
CHERMOULA 3.99

### PEPPELINO

PEPPERS (GF)

CREAM CHEESE - BLACK  
PEPPER 3.99

## STARTERS

### BREAD AND OLIVES (GFO)

LEMON & OREGANO OLIVES -  
BAKER TOM'S ROSEMARY &  
SEA SALT FOCACCIA - DIPS -  
OILS 8.99

### CALAMARI

CHILLI - LEMON - ROCKET  
7.99

### FRIED CHICKEN WINGS

HOT & SOUR BBQ SAUCE 6.99

### UGLOW FARM BELLY

### PORK BITES (GF)

HONEY - CHILLI - SOY -  
SESAME 7.99

### SPICY CRAB CAKES

ASIAN SALAD - MANGO &  
CORIANDER DRESSING 8.99

### SPICY

### CAULIFLOWER BITES

(VG)

HOT & SOUR BBQ SAUCE  
5.99

## PUB CLASSICS

### CHICKEN BREAST BAKE (GF)

BACON - MOZZARELLA -  
TOMATO - GARLIC - BASIL -  
CHIPS/FRIES 16.99

### BEER BATTERED

### FISH & CHIPS (GFO)

BEER BATTER - CRUSHED  
MINTED PEAS - TARTAR -  
CHIPS/FRIES SMALL 13.99 |  
STANDARD 17.49

ADD CURRY SAUCE 3.00

### HUNTSMAN STEW

VENISON HAUNCH & SAUSAGE  
- VEGETABLES - AGED PORT -  
JUNIPER & BAY - CLOTTED  
CREAM MASH - WILTED  
GREENS - CRUSTY BAGUETTE  
17.99

### UGLOW FARM

### SAUSAGE AND

### MASH

3X PORK & LEEK SAUSAGES -  
CLOTTED CREAM MASH -  
ONION JAM - RED WINE  
GRAVY - CRISPY ONION -  
SEASONAL GREENS 16.99

### PENANT FARM 8OZ

### RIBEYE STEAK (GF)

VINE TOMATOES - FIELD  
MUSHROOM - GARLIC BUTTER  
- RESTING BREAD - DRESSED  
ROCKET - CHIPS/FRIES 29.99  
STEAK SAUCE 3.00 - PEPPERCORN  
| BEARNAISE

### CLASSIC

### MEATBALLS

TOMATO - GARLIC - BASIL -  
PARMESAN - SPAGHETTI 15.49  
ADD GARLIC BAGUETTE 2.99 | ADD  
CHEESY GARLIC BAGUETTE 3.99

### VEGAN MEATBALLS

(V/VG)

TOMATO - GARLIC - BASIL -  
VEGAN CHEESE - SPAGHETTI  
15.49

ADD GARLIC BAGUETTE 2.99 | ADD  
CHEESY GARLIC BAGUETTE 3.99

### CHEF'S CURRY

WHITE RICE - POPPADOM  
15.99

ASK YOUR SERVER FOR TODAY'S  
CURRY - ADD NAAN 2.50

## CHEF'S FAVOURITES

### UGLOW FARM PORK LOIN STEAK

CORNISH MIDS - RED ONION -  
BABY PEAR - FINE GREEN  
BEANS - ALMONDS - PEAR  
RATTLER CIDER SAUCE - SAGE  
OIL 22.99

### PAN ROASTED

### BREAST OF DUCK

SMOKED WHITE BEAN  
CASSOULET - WILTED GREENS  
- GLACE DE CANARD -  
ROSEMARY OIL 24.99

### WINTER VEGETABLE

### SALAD (VG/GF)

ROASTED MUSHROOM -  
BEETROOT - TENDERSTEM  
BROCCOLI - CORNISH MIDS -  
PEAR - ALMONDS - SAGE OIL -  
BEETROOT POWDER 14.99  
ADD CHICKEN BREAST + 4.00 |  
ADD DUCK BREAST + 7.00

### CORNISH

### BOUILLABAISSE

LOCAL FISH & SHELLFISH -  
TOMATO - SAFFRON - ANISE -  
POTATO - ROUILLE - CRUSTY  
BAGUETTE - 23.49

### MARKET FISH

CORNISH MIDS - VINE  
TOMATOES - RED ONION -  
TENDERSTEM BROCCOLI -  
ROCKET - LEMON OIL - GREEN  
HERBS 22.49

SWAP TODAY'S FISH FOR CHICKEN  
BREAST - 17.49

### SPINACH AND

### RICOTTA RAVIOLI

WHOLEMEAL PASTA - BABY  
WATERCRESS - WILTED  
ROCKET - PUMPKIN SEED -  
TOASTED PINENUTS -  
PARMESAN - BASIL OIL 15.99

PROUD TO USE LOCAL PRODUCE WHEREVER POSSIBLE. OUR KEY SUPPLIERS ARE BUTTON MEATS  
(MICHAELSTOW), CELTIC FISH AND GAME (ST IVES), DOLE (BODMIN) AND J&R FOODSERVICE (BUDE).

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## BURGERS

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ALL OF OUR BURGERS ARE SERVED IN A DEMI-BRIOCHE BUN WITH SHREDDED COS LETTUCE, TOMATO, PICKLE & RED ONION WITH A SIDE OF SHOESTRING FRIES

### CLASSIC PENANT FARM STEAK BURGER

STEAK PATTY - CHEDDAR -  
SMOKED BLACK PEPPER MAYO  
16.49  
ADD BACON 1.50

**MOVING  
MOUNTAINS PLANT  
BASED BURGER (VG)**  
AVOCADO - COS - TOMATO -  
RED ONION - PICKLES -  
TOMATO & CORIANDER SALSA  
- FRIES 14.99

### SMOKED PIGGY BACK BURGER

STEAK PATTY - BBQ BRAISED  
PORK SHOULDER - BACON -  
SMOKED CHEDDAR - PICKLES -  
SMOKED BLACK PEPPER MAYO  
18.99

### HEN & HONEY

SOUTHERN SPICED  
BUTTERMILK CHICKEN -  
BACON - CHEDDAR CHEESE -  
SMOKED PEPPER MAYO - HOT  
HONEY - 17.99

### BLUE HEAT

STEAK PATTY - CARAMELISED  
ONION JAM - BLUE CHEESE -  
CHIPOTLE SAUCE - 17.99

### MEXICANA CRUNCH

STEAK PATTY - TOMATO &  
CORIANDER SALSA -  
AVOCADO - TORTILLA CHIPS -  
PICKLED GREEN CHILLI -  
MEXICANA CHEESE - 17.99

### FEATHER AND HOOF

STEAK PATTY - SOUTHERN  
SPICED BUTTERMILK CHICKEN  
- BACON - SMOKED CHEDDAR  
- SMOKED PEPPER MAYO -  
19.99

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## UPGRADE YOUR BURGER'S FRIES

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### BBQ PORK

BBQ BRAISED PORK SHOULDER  
- NACHO CHEESE SAUCE -  
MOZZARELLA - JALAPENOS -  
SPRING ONION  
+4.99

### HEN & HONEY

BUTTERMILK CHICKEN,  
BACON, CHEDDAR, SPRING  
ONION - CHILLI & HOT HONEY  
+4.99

### 3 CHEESE FRIES (GF)

CHEDDAR - MOZZARELLA -  
PARMESAN  
+1.49

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## DIRTY FRIES OR NACHOS

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CHOOSE YOUR TOPPING FOR YOUR FRIES OR NACHOS - ALL 13.99

### NACHO PORK

BRAISED PORK SHOULDER - NACHO CHEESE SAUCE  
- MOZZARELLA - JALAPENOS - SPRING ONION

### VEGAN MEATBALL MELT (VG)

PLANT BASED MEATBALLS - TOMATO, GARLIC &  
BASIL SAUCE - TOMATO - SPRING ONION - VEGAN  
MOZZARELLA

### HEN & HONEY

SOUTHERN SPICED BUTTERMILK CHICKEN - BACON  
- CHEDDAR CHEESE - SPRING ONION - CHILLI -  
HOT HONEY

13.99

### PENNANT FARM STEAK BURGER

CORNISH STEAK BURGER - SMOKED BLACK PEPPER  
MAYO - TOMATO - RED ONION - PICKLES -  
CHEDDAR

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## SIDES

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### CHUNKY CHIPS / FRIES (VG/GF)

4,49

### GARLIC BAGUETTE

4.49

### 3-CHEESE CHIPS / FRIES (GF)

5.49

### 3-CHEESE GARLIC BAGUETTE

4.99

### FRIED CHICKEN WINGS

HOT AND SOUR BBQ SAUCE  
3 FOR 6,99 / 5 FOR 8.99

### DRESSED SALAD

ROCKET - RED ONION - PARMESAN - GREEN HERBS  
- BLACK TRUFFLE - HONEY & MUSTARD DRESSING  
3.99

### SEASONAL GREEN VEGETABLES (GF/VGO)

GARLIC BUTTER  
4.50

ALLERGEN INFORMATION AVAILABLE ON REQUEST. PLEASE LET A TEAM MEMBER KNOW ABOUT ANY INTOLERANCE TO SPECIFIC ALLERGENS AND WE WILL BE ABLE TO GUIDE YOU ON WHAT DISHES ARE SAFE. OUR CHEFS WILL DO THEIR BEST TO ACCOMMODATE YOUR REQUESTS. PLEASE NOTE - WHILST WE OFFER GLUTEN FREE OPTIONS, THEY ARE MADE IN AN ENVIRONMENT WHERE WE HANDLE GLUTEN AND WE CANNOT 100% GUARANTEE NO CROSS-CONTAMINATION. V-VEGETARIAN VG-VEGAN VGO-VEGAN OPIONS AVAILBLE GF-GLUTEN FREE GFO-GLUTEN FREE OPIONS

