

THE SHIP INN MENU

STARTERS

CALAMARI

CHILLI - LEMON - ROCKET
7.99

UGLOW FARM BELLY PORK BITES (GF)

HONEY - SOY - SESAME -
CHILLI
7.99

VEGAN MEATBALLS (V/VG)

TOMATO - GARLIC - BASIL
- VEGAN CHEESE
7.99

TIGER PRAWNS

GARLIC - CHILLI -
COCONUT - LIME
9.99

VEGAN HALLOUMI (V/VG)

HONEY - SOY - SESAME -
CHILLI
7.99

SEASONAL VEGETABLE SOUP (GFO/VGO)

BAKER TOM'S SOURDOUGH
- BUTTER
7.99

BREAD AND OLIVES (GFO)

LEMON & OREGANO OLIVES
- BAKER TOM'S
SOURDOUGH - DIPS - OILS
8.99

WILD MUSHROOMS (GFO)

BAKER TOM'S SOURDOUGH
- MARMITE BUTTER -
CURED EGG YOLK -
PARMESAN - BLACK
TRUFFLE
8.99

PUB CLASSICS

CHEF'S CURRY

WHITE RICE - POPPADOM
15.99
ASK YOUR SERVER FOR
TODAY'S CURRY - ADD
NAAN 2.00

CORNISH STEAK BURGER

STEAK PATTY - CHEDDAR -
COS - TOMATO - RED
ONION - PICKLES -
SMOKED BLACK PEPPER
MAYO - FRIES 14.99
ADD BACON 1.00

CLASSIC MEATBALLS

TOMATO - GARLIC - BASIL
- PARMESAN - SPAGHETTI
14.99
ADD GARLIC BAGUETTE
2.50 | ADD CHEESY GARLIC
BAGUETTE 3.50

LOCAL BEER BATTERED COD (GFO)

BEER BATTER - CRUSHED
MINTED PEAS - TARTAR -
CHIPS/FRIES SM 13.49 | LRG
16.99
ADD CURRY SAUCE 3.00

CORNISH PIGGY BACK BURGER

STEAK PATTY - BBQ
BRAISED PORK SHOULDER -
BACON - CHEDDAR - COS -
TOMATO - RED ONION -
PICKLES - SMOKED BLACK
PEPPER MAYO - FRIES
17.99

ROASTED MUSHROOM BURGER (VG)

FIELD MUSHROOM - VEGAN
HALLOUMI - COS -
TOMATO - RED ONION -
PICKLES - SWEET CHILLI
DRESSING - FRIES 14.99

CHICKEN BREAST BAKE (GF)

BACON - MOZZARELLA -
TOMATO - GARLIC - BASIL
- CHIPS/FRIES 15.99

VEGAN MEATBALLS (V/VG)

TOMATO - GARLIC - BASIL
- VEGAN CHEESE -
SPAGHETTI 14.99
ADD GARLIC BAGUETTE
2.50 | ADD CHEESY GARLIC
BAGUETTE 3.50

CHEF'S FAVOURITES

UGLOW FARM PORK TOMAHAWK

CRUSHED TRUFFLED CHAMP POTATO - BLACK
PUDDING - WILD MUSHROOMS - GREEN
BEANS - VERMOUTH & WHOLEGRAIN
MUSTARD SAUCE
21.95

TIGER PRAWNS

WHITE RICE - GARLIC - CHILLI - COCONUT -
LIME - SOY GLAZED GREEN VEGETABLES -
GOCHUJANG DRESSING 20.99

SPAGHETTI ALLE VONGOLE

CLAMS - GARLIC - LEMON - PARSLEY -
TOMATO - OLIVE OIL 18.99
ADD GARLIC BAGUETTE 2.50 | ADD CHEESY
GARLIC BAGUETTE 3.50

PENANT FARM 8OZ RIBEYE (GF)

VINE TOMATOES - FIELD MUSHROOM -
GARLIC BUTTER - CHIPS/FRIES - ROCKET 27.99
SAUCE 3.00 - PEPPERCORN SAUCE |
BEARNAISE SAUCE

MARKET FISH (GF)

CORNISH MIDS - TENDERSTEM BROCCOLI -
BEETROOT - TOASTED OATS - ROCKET -
GREEN HERBS - HONEY & MUSTARD DRESSING
20.99
SWAP TODAY'S FISH FOR CHICKEN BREAST
15.99 | RIBEYE STEAK 27.99

ROASTED WINTER SQUASH (VG/GF)

BRAISED LENTILS - WILD MUSHROOMS - PINE
NUTS - GREMOLATA 15.99

PROUD TO USE LOCAL PRODUCE WHEREVER POSSIBLE. OUR KEY SUPPLIERS ARE BUTTON MEATS (MICHAELSTOW), CELTIC FISH AND GAME (ST IVES), DOLE (BODMIN) AND CHADDS (BUDE).



PIZZAS

OUR SIGNATURE

BLONDIE

CHEESE SAUCE BASE -
CHICKEN - PANCETTA - RED
ONION - FIELD MUSHROOM
- GARLIC BUTTER 14.99

BBQ CHICKEN (GFO)

BBQ BASE - CHICKEN -
PANCETTA - SUNDRIED
TOMATO - RED ONION
14.99

MARGHERITA (GFO)

MOZZARELLA - SUNDRIED
TOMATO - BASIL
12.99

VEGAN MEATBALL (V/VG/GFO)

TOMATO, GARLIC & BASIL
BASE - PLANT BASED
MEATBALLS - VEGAN
MOZZARELLA,
MUSHROOMS, RED ONION
14.99

NACHO PORK (GFO)

BRAISED PORK SHOULDER -
JALAPENOS - PICKLES -
RED ONION - NACHO
CHEESE SAUCE
14.99

MEAT FEAST

PEPPERONI - CHICKEN -
PANCETTA - MEATBALLS
15.99

LOADED FRIES AND NACHOS

SERVED ON YOUR CHOICE OF FRIES OR NACHOS

NACHO PORK

BRAISED PORK SHOULDER -
NACHO CHEESE SAUCE -
MOZZARELLA - JALAPENOS
- SPRING ONION
13.99

CHEESE BURGER

CORNISH STEAK BURGER -
SMOKED PEPPER MAYO -
TOMATO - RED ONION -
PICKLES - CHEDDAR
13.99

VEGAN MEATBALL MELT

PLANT BASED MEATBALLS -
TOMATO, GARLIC & BASIL
SAUCE - TOMATO - SPRING
ONION - VEGAN
MOZZARELLA
13.99

SIDES

CHUNKY CHIPS / FRIES (VG/GF)

3.99

3-CHEESE CHIPS / FRIES (GF)

4.99

GARLIC BAGUETTE

3.99

3-CHEESE GARLIC BAGUETTE

4.99

DRESSED SALAD

ROCKET - RED ONION -
PARMESAN - GREEN HERBS
- BLACK TRUFFLE - HONEY
& MUSTARD DRESSING
3.99

SEASONAL GREEN VEGETABLES (GF/VGO)

GARLIC BUTTER
4.50

DESSERTS

CHOCOLATE BROWNIE SUNDAE (GFO/VGO)

ICE CREAM- BROWNIE -
WHIPPED CREAM -
CHOCOLATE SAUCE -
WAFER 7.50

CHEESECAKE

ASK SERVER FOR TODAY'S
FLAVOUR 7.99

CRUMBLE TART

ASK YOUR SERVER FOR
TODAY'S CHOICE 7.99
SERVED WITH VANILLA ICE
CREAM OR CUSTARD

BLACK FOREST SUNDAE (GFO)

BLACK CHERRIES -
CHOCOLATE ICE CREAM -
CHERRY SAUCE - WHIPPED
CREAM - WAFER

CHOCOLATE BROWNIE (GF/VGO)

VANILLA ICE CREAM -
CHOCOLATE SAUCE -
FROSTED WALNUTS -
FREEZE DRIED RASPBERRY
7.99

BISCOFF SUNDAE (VGO)

BISCOFF CRUMB - BISCOFF
SAUCE - VANILLA ICE
CREAM - WHIPPED CREAM
- WAFER 7.50

AFFOGATO (GF/VGO)

VANILLA ICE CREAM -
ESPRESSO - BISCUIT 6.99

GYPSY TART

WHITE CHOCOLATE -
VANILLA CREME FRAICHE -
BLACK CHERRY COULI
7.99

ALLERGEN INFORMATION AVAILABLE ON REQUEST. PLEASE LET A TEAM MEMBER KNOW ABOUT ANY INTOLERANCE TO SPECIFIC ALLERGENS AND WE WILL BE ABLE TO GUIDE YOU ON WHAT DISHES ARE SAFE. OUR CHEFS WILL DO THEIR BEST TO ACCOMMODATE YOUR REQUESTS. PLEASE NOTE - WHILST WE OFFER GLUTEN FREE OPTIONS, THEY ARE MADE IN AN ENVIRONMENT WHERE WE HANDLE GLUTEN AND WE CANNOT 100% GUARANTEE NO CROSS-CONTAMINATION. V-VEGETARIAN VG-VEGAN VGO-VEGAN OPIONS AVAILBLE GF-GLUTEN FREE GFO-GLUTEN FREE OPIONS
