

THE SHIP INN MENU

STARTERS

CALAMARI

CHILLI - LEMON - ROCKET
7.99

BREAD AND OLIVES (GFO)

LEMON & OREGANO OLIVES
- BAKER TOM'S FOCACCIA -
DIPS - OILS 8.99

MOULES MARINIÈRE (GFO)

WHITE WINE - GARLIC -
PARSLEY - CREAM - BAKER
TOMS FOCACCIA 11.99

UGLOW FARM BELLY PORK BITES (GF)

HONEY - SOY - SESAME -
CHILLI 7.99

CHEESE FONDUE (GFO)

BAKER TOM'S FOCACCIA -
GARLIC - ROSEMARY -
THYME 10.99

VEGAN MEATBALLS (V/VG)

TOMATO - GARLIC - BASIL
- VEGAN CHEESE 7.99

GARLIC MUSHROOMS (GFO)

GARLIC CREAM SAUCE -
BAKER TOMS FOCACCIA
7.99

PUB CLASSICS

CHEF'S CURRY

WHITE RICE - POPPADOM
15.99
ASK YOUR SERVER FOR
TODAY'S CURRY - ADD
NAAN 2.00

BEEF BURGER

CHEDDAR - BACON - COS -
TOMATO - RED ONION -
CHIPOTLE JAM -
CHIPS/FRIES 14.99

LOCAL BEER BATTERED COD (GFO)

BEER BATTER - CRUSHED
MINTED PEAS - TARTAR -
CHIPS/FRIES SM 13.49 | LRG
16.99
ADD CURRY SAUCE 3.00

VEGAN MEATBALLS (V/VG)

TOMATO - GARLIC - BASIL
- VEGAN CHEESE -
SPAGHETTI 14.99

CHICKEN BREAST BAKE (GF)

BACON - MOZZARELLA -
TOMATO - GARLIC - BASIL
- CHIPS/FRIES 15.99

VEGAN BURGER (V/VG)

VEGAN CHEDDAR - COS -
TOMATO - RED ONION -
CHIPOTLE JAM -
CHIPS/FRIES 14.99

CLASSIC MEATBALLS

TOMATO - GARLIC - BASIL
- PARMESAN - SPAGHETTI
14.99
ADD GARLIC BAGUETTE
2.50 ADD CHEESY GARLIC
BAGUETTE 3.50

CHEF'S FAVOURITES

UGLOW FARM BELLY PORK (GF)

WHITE RICE - SESAME - SOY - HONEY -
CHILLI - ASIAN STYLE VEGETABLES 19.99

MARKET FISH (GF)

NEW SEASON POTATOES - CHERRY TOMATO -
GREEN BEANS - ROCKET - HONEY & MUSTARD
DRESSING - BALSAMIC GLAZE 19.99
SWAP TODAY'S FISH FOR CHICKEN BREAST
15.99 | RIBEYE STEAK 27.99

ROASTED CAULIFLOWER (VG/GF)

MISO BROTH - WHITE RICE - ASIAN STYLE
VEGETABLES 13.99

8OZ RIBEYE (GF)

VINE TOMATOES - FIELD MUSHROOM -
GARLIC BUTTER - CHIPS/FRIES - ROCKET 27.99
SAUCE 3.00 - PEPPERCORN SAUCE |
BERNAISE SAUCE

SEAFOOD PAPPARDELLE

CORNISH BROWN CRAB - MARKET FISH -
MUSSELS - TOMATO - GARLIC - BASIL 19.99
ADD GARLIC BAGUETTE 2.50 | ADD CHEESY
GARLIC BAGUETTE 3.50

MOULES MARINIÈRE (GFO)

WHITE WINE - GARLIC - PARSLEY - CREAM -
BAKER TOM'S FOCACCIA - FRIES 19.99

PROUD TO USE LOCAL PRODUCE WHEREVER POSSIBLE. OUR KEY SUPPLIERS ARE BUTTON MEATS (MICHAELSTOW), CELTIC FISH AND GAME (ST IVES), DOLE (BODMIN) AND CHADDS (BUDE).

PIZZAS

THE VEGAN ONE (V/VG)

VEGAN MOZZARELLA -
SUNDRIED TOMATO -
MUSHROOM - RED ONION
- BASIL - OLIVES 14.99

BBQ CHICKEN (GFO)

BBQ BASE - CHICKEN -
PANCETTA - SUNDRIED
TOMATO - RED ONION
14.99

MARGHERITA (GFO)

MOZZARELLA - SUNDRIED
TOMATO - BASIL 12.99

OUR SIGNATURE

BLONDIE (GFO)

CHEESE SAUCE BASE -
CHICKEN - PANCETTA - RED
ONION - FIELD MUSHROOM
- GARLIC BUTTER 14.99

HOT & SPICY (GFO)

CHIPOTLE CHILLI - SPICY
BEEF - PEPPERONI -
MEATBALLS - JALAPENOS -
14.99

MEAT FEAST (GFO)

PEPPERONI - CHICKEN -
PANCETTA - MEATBALLS
15.99

LOADED FRIES AND NACHOS

SERVED ON YOUR CHOICE OF FRIES OR NACHOS

MEATBALL MELT

CLASSIC MEATBALLS -
TOMATO - GARLIC - BASIL
- MOZZARELLA 12.99

BBQ CHICKEN (GF)

CHICKEN - PANCETTA -
BBQ - MOZZARELLA 12.99

VEGAN MEATBALL MELT (VG)

TOMATO - BASIL - GARLIC
- VEGAN MOZZARELLA
12.99

SIDES

CHUNKY CHIPS / FRIES (VG/GF)

3.99

3-CHEESE CHIPS / FRIES (GF)

4.99

GARLIC BAGUETTE

3.99

3-CHEESE GARLIC BAGUETTE

4.99

STANDARD NACHOS (GF)

MOZZARELLA -
GUACAMOLE - SALSA -
SOUR CREAM - JALAPENOS
8.99

SEASONAL GREEN VEGETABLES (GF/VGO)

4.50

DESSERTS

CHOCOLATE BROWNIE (GF)

VANILLA ICE CREAM -
CHOCOLATE SAUCE 7.99

CHEESECAKE

ASK SERVER FOR TODAY'S
FLAVOUR 7.99

AFFOGATO (GF/VGO)

VANILLA ICE CREAM -
ESPRESSO - BISCUIT 6.99

CHOCOLATE BROWNIE SUNDAE (GFO)

ICE CREAM - BROWNIE -
WHIPPED CREAM - SAUCE -
WAFER 7.50

BISCOFF SUNDAE (VGO)

BISCOFF CRUMB - BISCOFF
SAUCE - VANILLA ICE
CREAM - WHIPPED CREAM
- WAFER 7.50

SUMMER BERRY SUNDAE (GFO/VGO)

BERRIES - ICE CREAM -
SAUCE - WHIPPED CREAM -
WAFER 7.50

SMORES PIZZA

CHOCOLATE SAUCE -
BROWNIE
- MARSHMALLOWS 8.50

CHEF'S BAKE OF THE DAY

ASK YOUR SERVER FOR
TODAY'S CHOICE 7.99
SERVED WITH VANILLA ICE
CREAM, CUSTARD OR
CLOTTED CREAM

LEMON POSSET (GFO)

RASPBERRY COULIS -
BISCUIT 7.99

ALLERGEN INFORMATION AVAILABLE ON REQUEST. PLEASE LET A TEAM MEMBER KNOW ABOUT ANY INTOLERANCE TO SPECIFIC ALLERGENS AND WE WILL BE ABLE TO GUIDE YOU ON WHAT DISHES ARE SAFE. OUR CHEFS WILL DO THEIR BEST TO ACCOMMODATE YOUR REQUESTS. PLEASE NOTE - WHILST WE OFFER GLUTEN FREE OPTIONS, THEY ARE MADE IN AN ENVIRONMENT WHERE WE HANDLE GLUTEN AND WE CANNOT 100% GUARANTEE NO CROSS-CONTAMINATION V-VEGETARIAN VG-VEGAN VGO-VEGAN OPIONS AVAILBLE GF-GLUTEN FREE GFO-GLUTEN FREE OPIONS

